

ADAPT HOME AND COMMUNITY BASED SERVICES WAIVER FOR THE ELDERLY AND DISABLED

FACT SHEET

The Adapt Home and Community Based Waiver was approved by the Health Care Financing Administration and implemented by the Tennessee Department of Health in 1996. This waiver is available to Medicaid nursing home eligible recipients in Davidson, Hamilton, and Knox counties. Each county waiver program can serve up to 50 unduplicated individuals per year. This type of waiver provides a home-based alternative to nursing home placement and has been proven to be cost-effective. The state contracts with Senior Citizens Services, Inc. to coordinate and arrange home and community based services.

SERVICES

Waiver enrollees are eligible for all TennCare covered services and the following waiver services:

- **Case Management:** Enrollees receive monthly Registered Nurse and Social Worker case management visits for the purpose of arranging and coordinating services and reviewing the quality of care
- **Personal Care Service:** Enrollees may receive assistance with eating, bathing, dressing, and other activities of daily living
- **Home-delivered Meals:** Enrollees may receive delivered meals, including special diets, if ordered by the physician
- **Minor Home Modifications:** Enrollees may have assistive equipment installed in their homes, including ramps or hand rails
- **Personal Emergency Response System:** Enrollees may receive a response system to allow them to summon assistance in emergency situations when the caretaker is not present

ELIGIBILITY

Adapt Waiver participants must:

- Be a resident of Davidson, Hamilton or Knox County;
- Meet Medicaid financial requirements as determined by the Department of Human Services;
- Meet nursing home criteria and have an approved Pre-admission Evaluation (PAE);
- Be able to receive care in their home at a cost less than that of institutional care; and
- Have an appropriate caretaker who is available 24 hours a day.

For further information contact:

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